

# SOCCER STUDY GUIDE

1. Defenders, Mid-fielders and Forwards cannot let the ball touch their hands or arms.
2. When the ball goes out of bounds over the sideline, it is then a throw-in.
3. If the ball goes out of bounds over the end line, it is a goal kick or a corner kick.  
At recess time, give the ball to the goalie if it goes out of bounds over the endline.
4. The correct form for a throw-in is both hands over the head and both feet must touch the ground.
5. Goalies may touch the ball with their hands as long as they are in the large white box.
6. Forwards play from the center of the field all the way to the other team's goal.
7. Mid-fielders can play the entire field.
8. Defenders usually stay back by their goalie.
9. You should use your instep or laces area of the foot when kicking a ball.
10. If a handball happens, then the ball is placed on the ground at the point in which it was touched. Everyone moves back 10 feet so that the other team can kick.
11. If a handball happens within the white box, it is a penalty kick at the goalie.
12. When dribbling or passing a soccer ball use the instep of your foot.
13. Three ways to change direction with the ball is a drag back, inside hook and outside hook.
14. Offense is the team with the ball.
15. Defense is the team trying to stop the other team from scoring.
16. In soccer you score goals.
17. When playing soccer on the playground, do rock paper scissor to determine which team will get the ball first. The ball returns to the center of the field after a goal is scored.

NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_

## SOCCER HOMEWORK

Use the study guide to fill in the blanks. Once you use a word, draw a single line through it so that you don't use it again. Your test will be just like this but in a different order. Take pride in your work and always do your best!!!

<b>Forwards</b>	<b>Throw- In</b>	<b>Instep</b>	<b>Goals</b>
<b>Goal Kick</b>	<b>Handball</b>	<b>Corner Kick</b>	

1. In soccer you score \_\_\_\_\_.
2. The correct form for a \_\_\_\_\_ is both hands over the head and both feet must touch the ground.
3. Which row of players play from the center of the field all the way to the other teams goal? \_\_\_\_\_.
4. If the ball goes out of bounds over the end line, it is a \_\_\_\_\_ or a \_\_\_\_\_.
5. When dribbling or passing a soccer ball, use the \_\_\_\_\_ of the foot
6. If a \_\_\_\_\_ occurs, then the ball is placed on the ground at the point in which it was touched. Everyone moves back 10 feet so that the other team can kick.
7. The team that has the ball is on ( Offense or Defense).
8. The team trying to stop the other team from scoring is on ( Offense or Defense).

**Drag Back**  
**Outside Hook**  
**Defenders**

**Inside Hook**  
**Throw-In**

**Forwards**  
**Mid-Fielders**

9. Which 3 players cannot let the ball touch their hands or arms. \_\_\_\_\_,  
\_\_\_\_\_ and \_\_\_\_\_
10. When the ball goes out of bounds over the sideline, it is then a \_\_\_\_\_.
11. Three ways to change direction with the ball is a \_\_\_\_\_,  
\_\_\_\_\_ and \_\_\_\_\_.
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**Instep**  
**Defender**

**Goalie**  
**Laces**

**Penalty Kick**  
**Mid-Fielders**

12. If a handball happens within the white box, it is a \_\_\_\_\_ at the goalie.
13. You should use your \_\_\_\_\_ or \_\_\_\_\_ area of the foot when kicking a ball.
14. \_\_\_\_\_ may touch the ball with their hands as long as they are in the large white box.
15. Which row of players can play the whole field \_\_\_\_\_.
16. Which row of players usually play their half of the field and tries to stop a score \_\_\_\_\_.